

Embouchure Part II

1. "Top Down" (i.e., let the weight of your head rest on the mouthpiece via your top teeth vs. the "bottom up" concept of clenching the lower jaw).
2. "Blow over the Reed" (not under it).
3. "Pillow Lip" (the lower lip should cover the teeth - as in pronouncing "f" and provide a cushion for the bottom of the mouthpiece).
4. "ooooo" (in forming the embouchure, emulate the "oo" sound).
5. "Hot Air" (open the throat and blow "hot" instead of "cool"-try it into a cupped hand to get the idea).
6. Keep the throat open by thinking of how your throat feels when you blow out candles on a birthday cake.