

## Long Tones

1. Stand in front of a mirror.
2. Play any note and hold it. Get a good, steady tone.
3. When your tone changes, or your note changes pitch: **STOP**. Start the note again.
4. Watch what your face does when you play.
5. Make sure you don't puff your cheeks.
6. Repeat steps 1 through 5 using different notes. Always work for a good tone, and an even pitch.

This is what your sound should "look" like:

TONE & PITCH

